

# Get your garden buzzing

- ◆ Fill gardens with **RHS Plants for Pollinators** plants
- ◆ Grow **a range of plants** for year-round flowering
- ◆ **Avoid** plants with double or multi-petalled flowers
- ◆ **Never use pesticides** on plants in flower
- ◆ Provide nest sites for **wild bees**

## Short grass (up to 15cm)

|                                               |   |
|-----------------------------------------------|---|
| <i>Ajuga reptans</i> bugle                    | H |
| <i>Bellis perennis</i> daisy                  | H |
| <i>Betonica officinalis</i> betony            | H |
| <i>Campanula rotundifolia</i> common harebell | H |
| <i>Hippocrepis comosa</i> horseshoe vetch     | H |
| <i>Lotus corniculatus</i> bird's foot trefoil | H |
| <i>Potentilla anserina</i> silverweed         | H |
| <i>Potentilla erecta</i> tormentil            | H |
| <i>Potentilla reptans</i> creeping cinquefoil | H |
| <i>Primula veris</i> common cowslip           | H |
| <i>Prunella vulgaris</i> selfheal             | H |
| <i>Ranunculus repens</i> creeping buttercup   | H |
| <i>Sanguisorba minor</i> salad burnet         | H |
| <i>Taraxacum officinale</i> dandelion         | H |
| <i>Thymus polytrichus</i> wild thyme          | H |
| <i>Thymus pulegioides</i> large thyme         | H |

Photo: RHS / Carol Sheppard (hoverfly on *Leucanthemum vulgare*, ox-eye daisy).





Photo: RHS / Carol Sheppard (brimstone butterfly on purple loosestrife, *Lythrum salicaria*).

|                                                |   |
|------------------------------------------------|---|
| <i>Trifolium pratense</i> red clover           | H |
| <i>Trifolium repens</i> white clover           | H |
| <i>Veronica chamaedrys</i> germander speedwell | H |

## Hedges, shrub borders and woodland edges

|                                                      |        |
|------------------------------------------------------|--------|
| <i>Acer campestre</i> field maple                    | S or T |
| <i>Alliaria petiolata</i> garlic mustard             | Bi     |
| <i>Allium ursinum</i> ramsons                        | B      |
| <i>Aquilegia vulgaris</i> columbine                  | H      |
| <i>Ballota nigra</i> black horehound                 | H      |
| <i>Berberis vulgaris</i> barberry †                  | S      |
| <i>Bryonia dioica</i> white bryony                   | C/H    |
| <i>Buxus sempervirens</i> common box                 | S      |
| <i>Campanula trachelium</i> nettle-leaved bellflower | H      |

|                                                                           |        |
|---------------------------------------------------------------------------|--------|
| <i>Clematis vitalba</i> old man's beard, traveller's joy                  | C      |
| <i>Clinopodium vulgare</i> wild basil                                     | H      |
| <i>Cornus sanguinea</i> common dogwood                                    | S      |
| <i>Crataegus monogyna</i> common hawthorn                                 | S or T |
| <i>Cytisus scoparius</i> common broom                                     | S      |
| <i>Digitalis purpurea</i> common foxglove                                 | Bi     |
| <i>Euonymus europaeus</i> spindle                                         | S      |
| <i>Ficaria verna</i> subsp. <i>verna</i> lesser celandine                 | H      |
| <i>Fragaria vesca</i> wild strawberry                                     | H      |
| <i>Frangula alnus</i> alder buckthorn                                     | S      |
| <i>Galium mollugo</i> hedge bedstraw                                      | H      |
| <i>Galium odoratum</i> sweet woodruff                                     | H      |
| <i>Galium verum</i> lady's bedstraw                                       | H      |
| <i>Geranium robertianum</i> herb robert                                   | A/Bi   |
| <i>Geum urbanum</i> wood avens                                            | H      |
| <i>Hedera helix</i> common ivy                                            | C      |
| <i>Helleborus foetidus</i> stinking hellebore                             | H      |
| <i>Hyacinthoides non-scripta</i> bluebell                                 | B      |
| <i>Hylotelephium telephium</i> orpine                                     | H      |
| <i>Ilex aquifolium</i> common holly                                       | T      |
| <i>Lamium album</i> white deadnettle                                      | H      |
| <i>Lamium galeobdolon</i> yellow archangel                                | H      |
| <i>Ligustrum vulgare</i> wild privet                                      | S      |
| <i>Lonicera periclymenum</i> common honeysuckle                           | C      |
| <i>Malus sylvestris</i> crab apple                                        | T      |
| <i>Malva sylvestris</i> common mallow                                     | H      |
| <i>Myosotis sylvatica</i> wood forget-me-not                              | H      |
| <i>Primula vulgaris</i> primrose                                          | H      |
| <i>Prunus avium</i> wild cherry, gean                                     | T      |
| <i>Prunus padus</i> bird cherry                                           | T      |
| <i>Prunus spinosa</i> blackthorn, sloe                                    | S      |
| <i>Rhamnus cathartica</i> purging buckthorn                               | S      |
| <i>Rosa species</i> rose                                                  | S      |
| <i>Rubus fruticosus</i> blackberry                                        | S      |
| <i>Salix caprea</i> goat willow (male form only)                          | S or T |
| <i>Salix cinerea</i> subsp. <i>oleifolia</i> grey willow (male form only) | S      |
| <i>Sanicula europaea</i> sanicle                                          | H      |
| <i>Silene dioica</i> red campion                                          | H      |
| <i>Silene latifolia</i> subsp. <i>alba</i> white campion                  | H      |
| <i>Smyrniolum olusatrum</i> alexanders †                                  | Bi     |
| <i>Sorbus aria</i> common whitebeam                                       | T      |
| <i>Sorbus aucuparia</i> rowan, mountain ash                               | T      |
| <i>Sorbus torminalis</i> wild service tree                                | T      |
| <i>Stellaria holostea</i> greater stitchwort                              | H      |
| <i>Symphytum officinale</i> common comfrey                                | H      |

**Natural England states:** You can legally collect small quantities of wildflower seed for your own use, but you must get permission from the land's owner, tenant or other authority, as necessary. Although seed-collecting is allowed, you should not dig up native plants – many rare species are protected by law. You can collect seed of even rare plants, but cannot sell / trade seed or progeny.

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|                                               |   |
|-----------------------------------------------|---|
| <i>Teucrium scorodonia</i> wood sage          | H |
| <i>Tilia cordata</i> small-leaved lime        | T |
| <i>Viburnum lantana</i> common wayfaring tree | S |
| <i>Viburnum opulus</i> guelder rose           | S |
| <i>Vicia cracca</i> common tufted vetch       | H |
| <i>Vicia sativa</i> common vetch              | H |

## Disturbed ground

|                                                |     |
|------------------------------------------------|-----|
| <i>Agrostemma githago</i> corncockle †         | A   |
| <i>Anchusa arvensis</i> bugloss †              | A   |
| <i>Anthemis arvensis</i> corn chamomile †      | A   |
| <i>Anthemis cotula</i> stinking chamomile †    | A   |
| <i>Centaurea cyanus</i> cornflower †           | A   |
| <i>Cichorium intybus</i> chicory †             | H   |
| <i>Dipsacus fullonum</i> common teasel         | Bi  |
| <i>Echium vulgare</i> viper's bugloss          | Bi  |
| <i>Glebionis segetum</i> corn marigold †       | A   |
| <i>Iberis amara</i> wild candytuft             | A   |
| <i>Lamium amplexicaule</i> henbit deadnettle † | A   |
| <i>Matricaria recutita</i> scented mayweed †   | A   |
| <i>Mentha arvensis</i> corn mint               | H   |
| <i>Myosotis arvensis</i> field forget-me-not † | A/H |
| <i>Onopordum acanthium</i> cotton thistle †    | Bi  |
| <i>Papaver dubium</i> long-headed poppy †      | A   |
| <i>Papaver rhoeas</i> common poppy †           | A   |
| <i>Sinapis arvensis</i> charlock †             | A   |
| <i>Sonchus arvensis</i> perennial sowthistle   | H   |
| <i>Tussilago farfara</i> coltsfoot             | H   |
| <i>Verbascum thapsus</i> great mullein         | Bi  |

## Flower beds

|                                                                      |   |
|----------------------------------------------------------------------|---|
| <i>Calluna vulgaris</i> heather, ling (excl. bud-blooming cultivars) | S |
| <i>Erica ciliaris</i> Dorset heath                                   | S |
| <i>Erica cinerea</i> bell heather                                    | S |
| <i>Erica tetralix</i> cross-leaved heath                             | S |

## Long grass (above 50cm)

|                                                      |    |
|------------------------------------------------------|----|
| <i>Arctium minus</i> lesser burdock                  | Bi |
| <i>Carduus crispus</i> walted thistle                | Bi |
| <i>Carduus nutans</i> musk thistle                   | Bi |
| <i>Chamaenerion angustifolium</i> rosebay willowherb | H  |
| <i>Cirsium arvense</i> creeping thistle              | H  |



Photo: RHS / Jim Wileman (bumblebee on red campion, *Silene dioica*).

|                                                      |      |
|------------------------------------------------------|------|
| <i>Cirsium vulgare</i> spear thistle                 | Bi   |
| <i>Conopodium majus</i> pignut                       | H    |
| <i>Cynoglossum officinale</i> hound's tongue         | H    |
| <i>Daucus carota</i> wild carrot                     | Bi   |
| <i>Geranium pratense</i> meadow cranesbill           | H    |
| <i>Heracleum sphondylium</i> hogweed                 | Bi   |
| <i>Hypericum perforatum</i> perforate St John's wort | H    |
| <i>Knautia arvensis</i> field scabious               | H    |
| <i>Lathyrus pratensis</i> meadow vetchling           | H    |
| <i>Pastinaca sativa</i> wild parsnip                 | Bi   |
| <i>Succisa pratensis</i> devil's bit scabious        | H    |
| <i>Tanacetum vulgare</i> tansy †                     | H    |
| <i>Thalictrum flavum</i> meadow rue                  | H    |
| <i>Tragopogon pratensis</i> goat's beard             | Bi   |
| <i>Verbascum nigrum</i> dark mullein                 | Bi/H |

## Medium height grass (up to 50cm)

|                                                   |   |
|---------------------------------------------------|---|
| <i>Achillea millefolium</i> common yarrow         | H |
| <i>Achillea ptarmica</i> sneezewort               | H |
| <i>Agrimonia eupatoria</i> agrimony               | H |
| <i>Anthyllis vulneraria</i> kidney vetch          | H |
| <i>Armeria maritima</i> thrift, sea pink          | H |
| <i>Campanula glomerata</i> clustered bellflower   | H |
| <i>Centaurea nigra</i> common knapweed, hardheads | H |

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|                                                  |      |                                                       |      |
|--------------------------------------------------|------|-------------------------------------------------------|------|
| <i>Centaurea scabiosa</i> greater knapweed       | H    | <i>Lotus pedunculatus</i> greater bird's-foot trefoil | H    |
| <i>Centaureum erythraea</i> common centaury      | Bi   | <i>Lycopus europaeus</i> gypsywort                    | H    |
| <i>Echium vulgare</i> viper's bugloss            | Bi   | <i>Lysimachia nummularia</i> creeping Jenny           | H    |
| <i>Erigeron acris</i> blue fleabane              | A/H  | <i>Lysimachia vulgaris</i> yellow loosestrife         | H    |
| <i>Filipendula vulgaris</i> dropwort             | H    | <i>Lythrum salicaria</i> purple loosestrife           | H    |
| <i>Helianthemum nummularium</i> common rockrose  | H    | <i>Mentha aquatica</i> water mint                     | H    |
| <i>Hypochaeris radicata</i> cat's ear            | H    | <i>Menyanthes trifoliata</i> bogbean                  | H    |
| <i>Inula conyzae</i> ploughman's spikenard       | H    | <i>Myosotis scorpioides</i> water forget-me-not       | H    |
| <i>Leontodon hispidus</i> rough hawkbit          | H    | <i>Nasturtium officinale</i> common watercress        | H    |
| <i>Leucanthemum vulgare</i> ox-eye daisy         | H    | <i>Nuphar lutea</i> yellow waterlily                  | H    |
| <i>Linaria vulgaris</i> common toadflax          | H    | <i>Nymphaea alba</i> white waterlily                  | H    |
| <i>Malva moschata</i> musk mallow                | H    | <i>Oenanthe aquatica</i> fine-leaved water dropwort   | A/Bi |
| <i>Ononis repens</i> common restharrow           | H    | <i>Oenanthe crocata</i> hemlock water dropwort        | H    |
| <i>Origanum vulgare</i> wild marjoram            | H    | <i>Persicaria amphibia</i> amphibious bistort         | H    |
| <i>Pilosella officinarum</i> mouse-ear hawkweed  | H    | <i>Polemonium caeruleum</i> Jacob's ladder            | H    |
| <i>Ranunculus acris</i> meadow buttercup         | H    | <i>Pulicaria dysenterica</i> common fleabane          | H    |
| <i>Ranunculus bulbosus</i> bulbous buttercup     | H    | <i>Ranunculus aquatilis</i> common water crowfoot     | A/H  |
| <i>Reseda lutea</i> wild mignonette              | Bi/H | <i>Ranunculus flammula</i> lesser spearwort           | H    |
| <i>Rhinanthus minor</i> yellow rattle            | A    | <i>Ranunculus fluitans</i> river water crowfoot       | H    |
| <i>Scabiosa species</i> scabious                 | A/H  | <i>Ranunculus lingua</i> greater spearwort            | H    |
| <i>Scorzoneroideis autumnalis</i> autumn hawkbit | H    | <i>Ranunculus sceleratus</i> celery-leaved buttercup  | A    |
| <i>Silene vulgaris</i> bladder campion           | H    | <i>Sagittaria sagittifolia</i> arrowhead              | H    |
| <i>Solidago virgaurea</i> goldenrod              | H    | <i>Sanguisorba officinalis</i> great burnet           | H    |

## Ponds, pond margins & wet soils

|                                                            |    |                                              |   |
|------------------------------------------------------------|----|----------------------------------------------|---|
| <i>Alisma plantago-aquatica</i> water plantain             | H  | <i>Stachys palustris</i> marsh woundwort     | H |
| <i>Angelica sylvestris</i> wild angelica                   | Bi | <i>Valeriana officinalis</i> common valerian | H |
| <i>Bistorta officinalis</i> common bistort                 | H  | <i>Veronica beccabunga</i> brooklime         | H |
| <i>Butomus umbellatus</i> flowering rush                   | H  |                                              |   |
| <i>Caltha palustris</i> marsh marigold                     | H  |                                              |   |
| <i>Cardamine pratensis</i> cuckoo flower, lady's smock     | H  |                                              |   |
| <i>Cirsium dissectum</i> meadow thistle                    | H  |                                              |   |
| <i>Epilobium hirsutum</i> great willowherb                 | H  |                                              |   |
| <i>Eupatorium cannabinum</i> hemp agrimony                 | H  |                                              |   |
| <i>Filipendula ulmaria</i> meadowsweet                     | H  |                                              |   |
| <i>Galium palustre</i> marsh bedstraw                      | H  |                                              |   |
| <i>Geum rivale</i> water avens                             | H  |                                              |   |
| <i>Hypericum tetrapterum</i> square-stalked St John's wort | H  |                                              |   |
| <i>Iris pseudacorus</i> yellow iris                        | H  |                                              |   |

## Shingle / gravel garden

|                                            |      |
|--------------------------------------------|------|
| <i>Cakile maritima</i> sea rocket          | A    |
| <i>Crambe maritima</i> sea kale            | H    |
| <i>Crithmum maritimum</i> rock samphire    | H    |
| <i>Eryngium maritimum</i> sea holly        | H    |
| <i>Glaucium flavum</i> yellow horned poppy | Bi/H |
| <i>Sedum acre</i> biting stonecrop         | H    |
| <i>Sedum album</i> white stonecrop †       | H    |
| <i>Silene uniflora</i> sea campion         | H    |

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